



## PLACES TO GO FOR HELP

### ▶ ALL ANGELS' CHURCH

212-362-9300

251 West 80th St, west of Broadway

**MEALS:** Tues & Thurs 9-11AM; Sun 6:30PM  
(5PM worship service required)

**SHOWERS:** Tues & Thurs 8AM-2PM  
(limited to 24; sign up at 7:45AM)

**MEDICAL/SOCIAL SERVICES:** Tues & Thurs 9AM-2PM

### ▶ THE BOWERY MISSION (Bowery campus)

212-674-3456

227 Bowery, between Prince & Rivington St.

**MEALS:** Daily 8AM, 1PM, 5PM

**SHOWERS & CLOTHING:**  
(Men) Mon-Fri 9:30AM-12PM  
(Women) Thurs only 9:30AM-12PM  
6:45AM registration. Clothing distributed as needed.

**MEDICAL:** Tues 9AM-2PM; Thurs. 3-5PM

### ▶ ST. PAUL'S HOUSE

212-265-5433

335 West 51st Street, between 8th & 9th Ave

**MEALS:** Mon, Wed, Fri 8-9AM

**PANTRY:** Tues 10-11AM. Must live between West 28th and West 60th Streets, 5th Avenue and the Hudson River, to receive food items. Photo ID and two proofs of addresses needed.

### ▶ THE SALVATION ARMY

212-337-7328

Provides basic needs like food, homeless shelters & pastoral care

**HARLEM:** 540 Lenox Ave, between 137th & 138th St

**EAST HARLEM:** 145 East 125th St, off of Lexington

**DOWNTOWN:** 120 West 14th Street, between 6th & 7th Ave

### ▶ THE BOWERY MISSION (Tribeca campus)

212-226-6214

90 Lafayette St, two blocks south of Canal

*All services listed below are for Emergency Shelter guests only*

**DAY CENTER:** (Both men & women) Mon-Fri 10AM-2:30PM;  
Lunch for guests: 1PM

**SHELTER INTAKE:** (Women) Daily 3-3:30PM; (Men) Daily 4-5PM

### ▶ CITY RELIEF

800-736-2773

Mobile bus outreach with hot meals and more in various locations

**WED:** 28th St, between 9th & 10th Ave (Chelsea) 11AM-1PM

**THURS:** Delancey St, between Chrystie & Forsyth (LES) 11AM-1PM

**FRI:** The Salvation Army, 120 West 14th St (Union Square) 11AM-1PM

**SAT:** The Salvation Army, 540 Malcolm X Blvd/  
Lenox Ave at 138th St (East Harlem) 11AM-1PM

**SAT:** Brooke Ave, between 147th & 148th (South Bronx) 11AM-1PM

### ▶ NEXT STEP COMMUNITY CHURCH

360 Schermerhorn St, Brooklyn, NY 11217

**MEALS:** Mon, Tues, Wed 9-10AM

**PANTRY:** Sat 9-10:30AM

**SHOWERS:** (For both men and women) Tues 9:30-11:30AM