NYC RELIEF
Provides meals, socks, hygiene kits & resources 800-736-2773

WED: 28th St, between 9th & 10th Ave (Chelsea) 10AM-2PM

THURS: The Bowery Mission, 90 Lafayette Street (Tribeca) 10AM-2PM

FRI: The Salvation Army, 132 W. 14th St (Union Square) 10AM-2PM
   125th St & Park Ave (Harlem) 10AM-2PM

SAT: 148th St & Brook Ave (Bronx) 10AM-2PM
   125th St & Park Ave (Harlem) 10AM-2PM
THE BOWERY MISSION (Bowery campus)
227 Bowery, one block south of E Houston 212-674-3456
MEALS: Daily 8AM, 1PM, 6PM
CLOTHING & SHOWERS (MEN): Tues & Fri 8AM registration; 9AM distribution
MEDICAL: Wed 6PM
OPTICAL: Every other Tues 8:30AM

THE BOWERY MISSION (Tribeca campus)
90 Lafayette St, two blocks south of Canal 212-226-6214
MEALS: Daily 8AM, 6PM
CLOTHING: Tues 11AM-1PM (REFERRALS ONLY: WOMEN); Thurs 10AM-2PM (MEN AND WOMEN)
SHELTER INTAKE: Daily 3PM (WOMEN) 4PM (MEN)
SNAP & MEDICAID: Tues 3-5PM
AA: Sun 7PM

THE SALVATION ARMY
Provides basic needs like food, homeless shelters & pastoral care 212-337-7328
HARLEM: 540 Lenox Ave, between 137th & 138th St
EAST HARLEM: 145 East 125th St, off of Lexington
DOWNTOWN: 132 West 14th Street, between 6th & 7th Ave